

## CYCLING ROUTES

Detva surrounding is suitable for hiking and biking. Five cycling routes run through Detva. "Area around Polana" is the first cycling route for mountain biking in Central Europe. It runs through the districts: Detva, Banská Bystrica, Brezno, Zvolen. The routes are suitable for both - the mountain and road bikes. They run mostly by roads 2<sup>nd</sup> and 3<sup>rd</sup> class or along forest roads with hard surface and there are over 400 km of marked routes around Poľana Mountain. More information: [www.cyklodetva.proxia.sk](http://www.cyklodetva.proxia.sk).

Cykloklub Poľana is the most important promoter and implementer of activities and is also the organizer of the events focused on mountain cyclomathon.

The list of official cycling routes passing Detva till 31<sup>st</sup> October 2006:

<b>Route</b>	<b>Name of the Route</b>	<b>Colour</b>	<b>Begining</b>	<b>End</b>	<b>km</b>
012	Rudohorská Cycling Route	red	Zvolen	Košice	53
011	Hontianska Cycling Route	red	Detva	Zaježová	20
013	Novohradská Cycling Route	red	Lom/Rimavicou	Lučenec	72
5551	Way Arround Poľana	green	Detva	Detva	127
8552	Connection Piešť I. - Piešť II.	yellow	Piešť I.	Piešť II.	4

Source: J. Ľupták, M. Lakota, Cykloklub Poľana DETVA, 2006

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